

## RESOURCES

## LOCAL

- Autism Involves Me (AIM) (<a href="https://www.aimnwa.org/about-us.html">https://www.aimnwa.org/about-us.html</a>): An organization based in NW Arkansas that promotes autism awareness and a supportive community for families of autistic youth. They host events such as the AIM Walk to fundraise and celebrate the Autism Community of NW Arkansas.
- PerspectAbility (<a href="https://perspectability.org/">https://perspectability.org/</a>): An organization in NW Arkansas with the goal of providing a range of opportunities for independent living, higher educational attainment, and community involvement for neurodiverse adults.
- Arkansas Support Network (<a href="https://supports.org/programs/family-support-program/">https://supports.org/programs/family-support-program/</a>): A Northwest Arkansas organization that aims to improve the quality of life and integrate individuals with disabilities into society. They provide event information and also have family services (e.g., ABA therapy, family support program, educational advocacy).
- Arkansas Autism Foundation (<a href="https://arkansasautismfoundation.org">https://arkansasautismfoundation.org</a>): An Arkansas-based organization that strives to advocate for the autism community and provide services to improve their quality of life (e.g., employment opportunities, independent living, entrepreneurship encouragement and support).
- Arkansas Autism Research & Outreach Center (<a href="https://aaroc.org">https://aaroc.org</a>): A nonprofit organization in Arkansas that is devoted to providing hope and support to families that have been impacted by autism. Services and programs focus on parental support, education and training, and awareness and advocacy.

## NATIONAL

- **Society for Neurodiversity** (<a href="https://www.s4nd.org">https://www.s4nd.org</a>): A national organization that provides social, creative, and therapeutic support for neurodivergent individuals. They acknowledge the need for safe places to live, healthy and meaningful relationships, and better healthcare accessibility.
- Autism Girls Network (<a href="https://autisticgirlsnetwork.org/">https://autisticgirlsnetwork.org/</a>): An organization that aims to support girls and other non-binary autistic individuals. They provide safe spaces to talk and listen to others as well as trainings in schools and other professional fields or for parents and mentors.
- **The Art of Autism** (<a href="https://the-art-of-autism.com">https://the-art-of-autism.com</a>): Provides connections and opportunities for autistic individuals through artistic means that will foster independence, self-esteem, and artistic expression.
- **Hiki** (<a href="https://www.hikiapp.com">https://www.hikiapp.com</a>): A friendship and dating app that helps connect autistic individuals where they can share and celebrate their neurodiversity.
- Autistic Self Advocacy Network (<a href="https://autisticadvocacy.org">https://autisticadvocacy.org</a>): A nonprofit organization focused on advocating for and empowering the autistic community to take control of their lives and make their voices heard throughout the nation.
- Philadelphia Autism Project (<a href="https://www.phillyautismproject.org">https://www.phillyautismproject.org</a>): A space for autistic individuals in Philadelphia along with their families to connect with others. The organization provides resources, connection, and community programs for autistic individuals and professionals serving autistic individuals.
- **NeuroClastic** (https://neuroclastic.com): Provides a space for autistic individuals to express their ideas, experiences, and feelings. Business owners, scientists, performers, and many other autistic individuals can use this platform to tell their story.
- Insightful Consultant (<a href="https://insightfulconsultant.org">https://insightfulconsultant.org</a>): A website made by Dr. Loucresie Rupert who uses her page to advocate for and spread awareness about neurodiversity equality and other issues. Her page has multiple services related to autism, ADHD, trauma, and learning differences.
- **Reframing Autism** (<a href="https://reframingautism.org.au/">https://reframingautism.org.au/</a>): An autistic led charity with an overall goal to change the perception that society has about autism through education, resources, and research.
- Autism Intervention Research Network on Behavioral Health
   (https://www.airbnetwork.org/downloads/#mindthegap): Connects families of autistic youth with resources and support.
- **Organization for Autism Research** (<u>researchautism.org</u>): An organization that aims to apply research about autism to the daily lives of those impacted by autism, including the individual, their

parents and families, professionals, and caregivers. The overall goal is to improve the quality of life for autistic individuals and their families.

## RESOURCES FOR DIVERSE POPULATIONS

- **Autism in Black** (<a href="https://www.autismblack.com/">https://www.autismblack.com/</a>): An organization dedicated to providing information, resources, and support to black families of autistic individuals.
- **The Color of Autism Foundation** (<a href="https://thecolorofautism.org/">https://thecolorofautism.org/</a>): A nonprofit organization that offers culturally sensitive resources and support to families of color in the autism community.
- **Village Autism** (<u>village-autism.org</u>): An organization that provides culturally responsive resources, educational content, services in your area, and community support.
- Autism Parenting Magazine (<a href="https://www.autismparentingmagazine.com/">https://www.autismparentingmagazine.com/</a>): An online publication featuring articles and resources for parents of autistic children, with an inclusive focus on diverse communities.
- **National Black Disability Coalition** (<a href="https://www.blackdisability.org/">https://www.blackdisability.org/</a>): Provides advocacy and resources for Black individuals with disabilities, including autism.
- **Black Therapists Rock** (<a href="https://blacktherapistsrock.com/">https://blacktherapistsrock.com/</a>): Although not autism-specific, it can be a valuable resource for finding culturally competent therapists and mental health professionals for autistic individuals and their families.
- Inclusive Therapists (<a href="https://www.inclusivetherapists.com">https://www.inclusivetherapists.com</a>): Connects you to culturally affirming therapists in your area, who amplify the voices of neurodivergent and disabled communities of color.
- The Black Parent Support Fund (<a href="https://beam.community/grants/">https://beam.community/grants/</a>): Directly gives resources and funds to Black families with parents living with mental conditions or supporting children with special needs.
- Family Voices (<a href="https://familyvoices.org">https://familyvoices.org</a>): A national organization of families and friends of children and youth with special health care needs and disabilities that promotes partnership with families—including those of cultural, linguistic, and geographic diversity.
- Autism in Color: Autism in Color is a podcast that gives a voice to people of Color who have autism
  spectrum disorder or have autistic loved ones. They create a space to share unique experiences,
  challenges, and triumphs.
- Neuromancers (<a href="https://www.neuromancersmagazine.com/resources">https://www.neuromancersmagazine.com/resources</a>): A community that provides a space for Black and other culturally diverse individuals to oppose the capitalism and pathologization of the neurodivergent community.
- The Autistic People of Color Fund (<a href="https://autismandrace.com/autistic-people-of-color-fund/">https://autismandrace.com/autistic-people-of-color-fund/</a>): A national fundraising organization to collect funds that go towards directly helping autistic people of color
- Autistic Women and Nonbinary Network (<a href="https://awnnetwork.org">https://awnnetwork.org</a>): A space for autistic people that identify as part of the LGBTQ+ community, specifically women and nonbinary individuals, to celebrate their diversity and work together to dispel harmful stereotypes.
- Autastic (<a href="https://www.autastic.com/">https://www.autastic.com/</a>): A space for those who have recently been diagnosed with autism to share their stories and passions. This organization helps individuals make connections with others who have had similar experiences as them
- with others who have had similar experiences as them.

   Sins Invalid (<a href="https://www.sinsinvalid.org/">https://www.sinsinvalid.org/</a>): An organization that celebrates artists who are a part of the disability community. It focuses on artists of color and LGBTQ/gender-variant artists where they can feel heard, seen, and liberated.
- Rest for Resistance (<a href="https://restforresistance.com/about">https://restforresistance.com/about</a>): A space for members of multiple marginalized communities to come together and share their experiences with one another. The community has members from the disability community, people of color, LGBTQ+ community, immigrants, and more.
- **Foundations for Divergent Minds** (<a href="https://www.divergentminds.org/">https://www.divergentminds.org/</a>): An organization that focuses on education and engagement, health and wellness, and violence prevention and response for those in the autistic community who are from multiple marginalized groups.
- **Black Neurodiversity** (<a href="https://www.blackneurodiversity.com/">https://www.blackneurodiversity.com/</a>). An organization that provides consulting and other events for Black and Indigenous neurodivergent individuals.
- Mental Health America (<a href="https://www.mhanational.org/bipoc/mental-health-month">https://www.mhanational.org/bipoc/mental-health-month</a>): This organization aims to acknowledge and understand the trauma and experiences that BIPOC have faced, as well as its impact on their mental health.
- **Autismo Diario** (<a href="https://autismodiario.com">https://autismodiario.com</a>): A Spanish website that has numerous resources about autism including information about genetics, sensory integration, and education.
- ASERT (<a href="https://paautism.org/resource/asian-parent-tips-autism/">https://paautism.org/resource/asian-parent-tips-autism/</a>): A website with commonly asked questions and answers for parents of autistic children. The information is available in English and Chinese.
- AADI (<a href="https://www.aadinitiative.org">https://www.aadinitiative.org</a>): A space for Asian Americans with disabilities to gain access to resources that will help them explore their identity and combat the racism and ableism that exists within their community.
- American Academy of Child and Adolescent Psychiatry
   (https://www.aacap.org/AACAP/Families and Youth/Resource Libraries/AAPI Resources.aspx): A

variety of resources for the Asian American and Pacific Islander (AAPI) community. Resources are

about topics such as trauma, mental health, and support groups for the AAPI community. **Action for Autism: National Centre for Autism India** (http://www.autism-india.org): An organization that strives to bring equal rights to autistic individuals in the Indian community and their families. Events are aimed at enhancing quality of life, such as parent child training programs, employment opportunities, and updates on obtaining autism disability certificates.